From the Principal

We have had a great start to the year and I hope everyone had a happy and safe Christmas. Our new Year 7 students have hit the ground running with teachers commenting on how well they have started and how positive a group they are. Again this year we have many new students in the other years who have also been made welcome by our school community.

I would like to take this opportunity to congratulate Annie Phelan for her appointment as Head Teacher Creative and Performing Arts (CAPA). Annie was successful in a merit selection process at the end of last year. I suspect the school and community will benefit immensely from Annie's leadership in this field over the next few years.

We also have some students that deserve acknowledgement following their Australia Day Awards - Jonty Neaves received Junior Sportsperson of the Year for his efforts in athletics, cross country, cricket and AFL; Justin Alford received Sportsperson of the Year for his achievements in Division 1 Hockey, selection in the NSW Opens Men's Country Team and Australian U21's Country Team; Abigail Hardinge while in Year 6 last year, won one of six gold medals in her age group across the State by entering one of her poems in the nationally recognised BOSTES Write On Competition. Well done to all three students. Your school is very proud of you.

School is back underway with few changes from last year. Mr Ben Hazlett has returned to the English Faculty after a couple of years on leave. Students will have received their new classes and timetables and I hope feel excited about the year ahead. I have spoken to them about taking the opportunity to make some commitments to themselves about improving in class, and participating in some way to school life outside the mandatory going to class.

I am looking forward to 2015 and hope to see many of our parents at this Mondays P&C Meeting.

Paul Holding
The seventh annual Bellingen Youth Art Prize organised by the Bellingen Arts Council saw 4 Bellingen High students awarded for their stunning artworks:

- Dean West (Year 12 2014) took out the Major Prize of $1000 for his work — Naturally Manmade, Order, Disorder.
- Ryan Purnell (Year 9 2014) 1st prize of $200 in the 13-15 years section for his work — Crystal Crown.
- Acacia Coates (Year 12 2014) 2nd prize of $200 in the 16-18 years age group for her work — Tangled up in Blue.
- Dylan Connors (Year 11) received a Highly Commended for his fantastic self-portrait drawing (pictured right).

Congratulations and well done to all and for encouraging future students.

The photos below received Merit Certificates in a school photography competition run by IMAGES Magazine. These photos are an example of the Photomontage technique i.e. layering of images.

Megan Newbound
Visual Arts/Photography Teacher CAPA Faculty

“Drink it Up” and “Floating Fantasy” (right) both by Lauren Richardson (former student)

“Digital Dream” by Caitlin Ridgewell (Year 11)
Lachlan performs with Australian Youth Orchestra

Well done Lachlan Wilkins, who is presently performing with the Australian Youth Orchestra (AYO). Under the baton of Richard Mills, AYO is partnering with the Victorian Opera for a production of Richard Wagner’s earliest masterpiece, *The Flying Dutchman*. We will have more about Lachlan’s experience in our next Newsletter.

Ann Phelan
Head Teacher CAPA

Welcome Year 7 2015!

Welcome to parents and Year 7 2015 students to the first of a series of Newsletters and updates designed to keep you informed about important details that will assist in the transition to high school.

Mr Wickham and I are thrilled to have been appointed the role of Year 7 Advisors. Beginning high school can be daunting, so we want to assure you that much planning has gone into making the transition from primary to secondary school as smooth as possible; academically, socially and emotionally. Please be reassured that Term 1 is all about settling into new routines, and new friendships, and of course, attending extra-curricular activities such as the Year 7 Transition Day at the Coffs Coast Adventure Centre, which we are really looking forward to!

The Transition Day is on Friday 13th February and students are asked to be at school by 8.45am in order to be ready for a roll-call at 8.55am (under the sun-shelter). The bus will depart at 9am and will return to school by 3pm. Students do not have to wear uniform and are advised to bring a change of clothes and old shoes, especially if they are going to participate in the commando course.

We have already formed a very positive impression of the students in the Year 7 cohort and look forward to your support in fostering their enthusiasm and positivity throughout 2015 and beyond.

Amber Hill/Rob Wickham
Year 7 Advisors
The Indonesian Language Department is presenting an exciting program this term.

We will be introducing Indonesia as a country and learning about where it is and who its neighbours are. Students will learn about the history of Indonesia, its Flag, Emblem and National Anthem. This gives us an understanding of Indonesia and its people. As we learn about another culture, we reflect on our own.

**Our Language program started this week (Week 2) and students are reminded that they MUST bring in earphones/headphones.** Year 7 students will be utilising the computers to access online language programs with activity worksheets to enhance the learning.

Students can bring their own technology (BYOT). To connect your device to the schools network, it must have a 5ghz wireless range. If you have problems connecting, please contact Ms Williams at the TSO office (in the B Block under the English Staffroom) or Ext. 140 on a Wednesday, Thursday or Friday.

**Makasih (Thanks)**
Jody Newhouse (Guru)

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**From the Maths Faculty**

**MathsOnline**

The Mathematics Faculty is promoting the opportunity for parents/carers to purchase a one year subscription online study package “MathsOnline” – an interactive learning tool designed by teachers for teachers, students and parents.

The design of MathsOnline is based around two key features:

1. **To significantly raise the self-confidence of students through higher achievement in mathematics.**

2. **To provide an independent, structured learning environment.**

Maths Online is designed to:
- Raise self confidence in maths to students throughout Australia
- Create an independent, structured, learning environment
• Provide one to one tuition for students when they want it and if they need it
• Set tasks that reinforce what has been taught in class
• Monitor all the work that the student has completed
• Report back complete details of the work completed
• Set, mark and analyse diagnostic tests for every topic
• Analyse areas of strength and weakness for every student in every topic
• Provide readily available "value added" evidence of progress
• Ensure that any work missed is easily caught up
• The classroom is brought into the home
• Pause/rewind facility allows the student to completely control the pace of the lesson
• Independent learning - no interruptions from other students
• Engaging, interactive questions and exercises, marked independently with immediate feedback
• Work missed through class absence or "holes" from earlier years are easily filled in

MathsOnline is ideally positioned, by providing a model where the student takes greater control of their learning. This allows the teacher to be able to concentrate more on guidance, mentoring and extension or remediation.

As learning is the reason why students go to school, MathsOnline can provide this learning while fitting in with everyday school life – excursions, sporting carnivals, music rehearsals and the like.

In summary, MathsOnline provides a no nonsense approach to learning mathematics. Through the use of worksheets and video presentations by Patrick Murray, students can review lessons at their leisure.

This package is being offered to students for $20 for the remainder of the year (normally $196 per student).

If you are interested in purchasing this product for your child forms are available from the Maths Staffroom for completion and return together with the $20 payment.

Lachlan Webb
Head Teacher Mathematics

New Chin-up Record

A New School Chin-Up record was set at the end of 2014 with Year 8 student Oscar Sutton doing a massive 43 chin-ups in just over a minute.

Santa was on hand to witness and celebrate the moment with Oscar. Well done Santa and Oscar.

Ian Dillon
Former Chin-up Champ
From the TAS Faculty

Fun Felting and Origami Day to finish off 2014

Mrs McAulay, Miss Jeanes and Juno Pepper-Nebaur combined forces to run a Felting and Origami day at the end of 2014. This was enjoyed by over 15 participants, mostly from Years 7 and 8. We started the day learning the techniques of felting, whereby the students hand-made a small bag/purse. Many colourful creations were made and left out to dry for the afternoon. After lunch, Juno once again led the group through the techniques of Origami, so everyone had the chance to master a paper crane and box with lid. The students thoroughly appreciated the experience, which provided a creative end to the year.

Miss Jeanes’ 7T6 class created wonderful cushions in Term 4 2014. They used a variety of techniques including Aboriginal artwork, applique using the new scanNcut machine, chenneilling and stencilling. All 4 panels were joined together towards the end of the term and then the cushions were filled. We ended up with some great ideas and creations.
Pictured also are a few of the great jobs made and taken home at the end of 2014 in our Metal and Timber classes. We look forward to an exciting year in Technology with students already using our new 3D Printer.

We remind students and parents that all students must wear leather shoes in TAS subjects.

Ian Dillon
Head Teacher TAS
Twelve students graduated from the HorsePower Program at the end of 2014 after completing 9 sessions at Valery Trails. The students were faced with increasing challenges each week, with the horses they partnered, and learnt ways to approach and manage these challenges using techniques such as Mindfulness and Awareness. It was great to see every student being willing to try new skills and becoming more aware of their own thoughts and feelings and aware of their surroundings so that they are better able to make better choices in their everyday life. In one session, renowned horseman Ian Bruce gave up his time to show the students how to work and communicate with horses using only body language, intentions and energy. All the students bravely went in 1 on 1 with Ian’s horse to experience this amazing relationship.

The program was run with the financial support of Bellingen Shire Youth Services and essential hands-on support from Youth Case Worker Tamie Moodie. Valery Trails provided the wonderful horses at minimal cost, Community Transport provided the bus and 2 generous community members, Glenda and Vicky, joined us every session with personal support for the students.

All the HorsePower students were presented with a Certificate of Achievement during a formal assembly. I was extremely proud of each one for their great attitude and willingness to learn new skills that often took a little risk and lots of courage.

Our 2014 HorsePower participants were Lara Brandt, Asha Cameron, Alana McBaron, Mia McGuiggan, Nashalia O’Neil, Timara Reynolds, Ty Baquie-Sheridan, Louis Bobbin, Toby Edman, Will Greentree, Stewart Hawkshaw and Jaidyn Hennessey.

Sandy Hamilton
School Counsellor/HorsePower Facilitator
Bellingen High School P&C Association

**What are we about?**

😊 We encourage parents to be involved in their child’s journey through high school.

😊 We focus on how to make our school community better for all.

😊 We aim to promote Public Education and strive to support the staff and students at Bellingen High School by playing an active role in the school community.

😊 We believe that by working together, towards creating a positive school environment, we are contributing to the well-being of all - staff, students, parents and the broader community.

**P&C Meetings are held in the Staff Common Room on the second Monday of each month.**

7.00pm (Summer) 6.30pm (Winter)

We look forward to seeing you at our first meeting on **Monday 9th February 2015 - 7pm**

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**Year 10 ANZAC Excursion**

Students intending to go on the Sydney ANZAC Excursion are reminded that your $100 deposit is due to the Front Office by the end of next week – Friday 13th February.

*Keira Hibbert*

*Relieving Head Teacher HSIE*

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**Year 12 Jackets & Jerseys**

Year 12 students who ordered a jacket/jersey are reminded that the full payment is now overdue.

*Keira Hibbert - Year 12 Advisor*

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**Year 10 Dancing with the Stars!!**

All Year 10 classes are studying a dance unit this term, so dust off your dancing shoes and be ready to help your child with their dancing skills.

Students will be busy practising for their assessment due towards the end of Term 1.

*Julie Taylor*

*Head Teacher PDHPE*
**Student Representative Council (SRC)**

**What is an SRC?**

An SRC is a group of students in a school elected by their fellow students. SRC members represent all students in the school and organise ways for students to participate and contribute to their school community.

If you would like to be a part of the SRC, nomination forms are now available – one is included in this Newsletter.

You need to successfully complete the nomination form and then be elected by the students of Bellingen High School to be a member of the SRC.

The SRC Co-ordinator Mrs Hayward is located in the TAS Staffroom at the top of the stairs near the kitchens. Thank you.

_Karen Hayward_  
_SRC Co-ordinator_

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**Year 8 Computer Assisted Learning**

All Year 8 students have commenced the online Wordflyers program, an interactive self-paced program designed to enhance literacy skills. The program is directly related to the English curriculum and focuses on building literacy skills with a fun approach to learning. Students are encouraged to bring earphones or headphones to all CAL classes. Year 8 students are also able to access this program from home. Students are permitted to bring their own laptops/electronic devices to CAL classes. Guidelines in regard to compatibility are as set out below. Mobile phones/Smart phones are not accepted into classrooms and therefore not suitable.

*Wireless connectivity is the key!* The school’s Wi-Fi network installed operates on the **802.11n 5Ghz standard**. Devices that do not support this standard will not be able to connect to the school network – ensure it supports both ‘a’ and ‘n’.

*Student devices are only permitted to connect to the department WiFi network while at school; there is no cost for this service.*

Parents please note that when shopping in Coffs Harbour, please mention that you are purchasing a device for a student at Bellingen High School as this may attract a discount.

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**STRAWBERRY PLANTS FOR SALE**  
*$4 EACH*  

 Kontakt Amanda Lockman - Farm Assistant – 66551 315 (Monday/Wednesday/Friday)
Need help managing stress or anxiety?

If your child or teen has difficulties with anxiety or just seems to have too many worries, we would like to introduce you to BRAVE Self-Help - an interactive, online program for the prevention and treatment of childhood and adolescent anxiety. It was developed by a group of researchers from the University of Queensland and now, with the support of beyondblue, this program is now freely available to all young people aged 8-17 years old who are living in Australia. BRAVE Self-Help provides strategies for children and teenagers to better cope with their worries. There are 4 programs available, one for children aged 8-12 years, one for teenagers aged 12-17 years and one for parents of children at these ages respectively. The program can be accessed as often as you like, from the comfort of your own home.

For more information, or to register for the program, please visit www.brave4you.psy.uq.edu.au

Sport News

Congratulations to Jessica Marks and Jonty Neaves who will represent the North Coast in Week 4 at the NSW CHS Cricket Championships. Jonty has to travel to Bathurst while Jessica has to go to Armidale. We wish them luck.

The Open Boys Cricket team is playing today in the North Coast final against Maclean at Maclean. It has been a great effort for the boys to reach this stage. More news about how the boys went will be in our next Newsletter. Good luck boys!

Liz Hoy/Jon Winfer - Sport Coordinators
Welcome back to a new school year! Bellingen Shire Council Rangers and Police Officers from Coffs Harbour Local Area Command will be out at all schools again this year helping you to ensure that all children get to and from school safely.

DROPPING OFF OR PICKING UP YOUR CHILDREN

Schools are areas where there is a lot of interaction between cars and pedestrians: your children. Children are small, hard to see, behave unpredictably, and are extremely vulnerable.

Their lack of road experience means it is difficult for them to judge dangerous situations. Boys are twice as likely to be involved in pedestrian accidents as girls and children 10-14 years have the highest rate of child pedestrian casualties (RMS).

- Children up to eight years old should hold an adult's hand on the footpath, in the carpark or when crossing the road.
- Children up to ten years old should be actively supervised around traffic and should hold an adult's hand when crossing the road.
- Take the time to make sure your children are aware of, understand and follow traffic safety regulations when they are walking.

HAVE A PLAN

Plan with your son or daughter how you will collect them. When and where will you be after school? Where should they wait? Make sure they know not to try and get into your vehicle while it is still in traffic, even if you are stopped; they should wait until you have parked at the side of the road.

Plan to arrive AFTER the school bell goes in the afternoon, so your children are ready and waiting for you and you are not blocking traffic.

NO PARKING ZONES

A No Parking zone is a pick up and drop off area: you can stop here for a maximum of two minutes to drop off or pick up passengers and must remain within three metres of the vehicle. When parents park in a No Parking zone for longer than two minutes they prevent other parents from stopping to drop off or pick up their children, creating frustration and dangerous situations. If you arrive before the school bell and block the pickup areas, you risk being issued with a fine.

Parking offences in school zones carry heavier fines and loss of demerit points.

Bellingen Shire Council is strongly committed to enforcing law around schools and in school zones and will issue fines to drivers who break the law.
School opening and closing hours are busy times for pedestrian and vehicular traffic outside schools. Always take extra care in 40km/h school zones, which operate on gazetted school days. Model safe & considerate behaviour for your child, they will learn from you.

**NO STOPPING**
What does this mean?
You CANNOT stop in this area FOR ANY REASON.

Why is this here?
To keep sight lines clear for drivers and children so both have more time to avoid collision.

**NO PARKING**
What does this mean?
You CAN stop in a NO PARKING zone for a maximum of two minutes to drop off and pick up passengers. You must stay within three meters of your vehicle at all times.

Why is this here?
To provide a safe place for older children to be set down and picked up without endangering other children.

**BUS ZONE**
What does this mean?
You must NOT stop or park in a bus zone unless you are driving a bus.

Why is this here?
To provide a safe place for large buses to set down and pick up. Cars parking in bus zones put lives at risk by forcing buses out of “their” safety zone.

See the Roads and Maritime Authority website at [www.rms.nsw.gov.au](http://www.rms.nsw.gov.au) for more about Australian Road Rules and other road safety information.
School Fees

Student invoices will be mailed home within the next few weeks. Thank you to families who have promptly paid. Please remember these subject fees cover the cost of sundries to be used in class therefore prompt payment is appreciated. Accounts may be paid in full or whatever can be afforded to you each week/fortnight/month. We also have Eftpos facilities available for convenience.

Attached to this Newsletter is a 2015 Fee Sheet. Please note that some amounts are subject fees only and will be increased by an extra amount depending on the projects/excursions undertaken:

**Marine Studies:** This fee does not include a whale watching excursion.

**Technology:**
- Industrial Arts

**Technology:** Textiles

**Hospitality:** There are extra charges for uniform and toolbox hire.

**Music:** A hire fee of $100 for school band instruments will entitle any student the use of that instrument for the year – guitar, trumpet, trombone, flute, clarinet, cello, saxophone, bass clarinet, double bass

**Visual Arts:** Students in the elective class may be asked to pay for some specialised materials.

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Interested in MOSAICS or COMMUNITY ART?

Primary and High School students, staff and community members are invited to be a part of a community art project happening on Wednesday afternoons. We will be creating a beautiful mosaic bird bath for the new garden redevelopment at Bellingen Hospital. We will be working in the BBQ area of Bellingen High School (back of the school) every Wednesday afternoon from 4.00 till 6.00 pm, starting Week 3 and finishing by the end of Term 1.

If you are interested please email fiona.mcaulay@det.nsw.edu.au or phone the School 6655 1315 and leave a message or just come along!
We have available to any parents (who are not already on our list) the ability to email you our fortnightly Newsletter. The emailed newsletter is on our school’s website and is in colour so it is worth receiving.

Parents will need to provide their email address to us and remember to check your inbox. We will continue to produce a paper newsletter every fortnight that will be delivered via your child to you.

Please complete the email slip below and have your child return it to the Front Office.

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**Bellingen High School – Newsletter Email**

Student/Family Name: ________________________________

Email Address: ______________________________________

*Please complete and have your child return to the Front Office*

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**Canteen News**

The Canteen is always keen to have new members on the roster. If you are able to assist at any time between the hours of 10am to 1.45pm we would love to hear from you, so please give us a call or complete the Canteen Volunteer Form below and have your child return it to the Canteen.

The Canteen is a great environment to work in, not only because of the air conditioned comfort; it is also a great place to meet the staff of Bellingen High School. Any help at all would be greatly appreciated.

---

**Canteen Volunteer**

I will be able to work at the Canteen (please circle):

*Once a week*  *Once a fortnight*  *Once a month*  *Once a term*

I would prefer:  *Monday*  *Tuesday*  *Wednesday*  *Thursday*  *Friday*

Name: ________________________________  Contact No: __________________

Student Name: ________________________________  Year: __________
C.ex GROUP
TERTIARY EDUCATION SCHOLARSHIP

INFORMATION BROCHURE & NOMINATION FORM

CRITERIA & SELECTION PROCESS

Awarded to a student who is a Member or the child of a Member of the C.ex Group and resides in the local Government areas of Coffs Harbour or Bellingen Shires and who has applied for acceptance to a University for a particular course. Applicants have to have made a distinctive contribution to school, University and/or community life in one or a combination of the following categories as detailed in the Selection Criteria below:

- **SPORTING ACHIEVEMENT**
- **COMMUNITY INVOLVEMENT**
- **CULTURAL / ARTISTIC ACHIEVEMENT**

It is anticipated that nominees would demonstrate commitment to and achievement in one or more of the specified categories:

- In the category of Sporting Achievement, nominees would have demonstrated qualities of sportsmanship on and off the field as well as achievement in their chosen sport.

- In the category of Community Involvement, nominees would have demonstrated qualities of social responsibility through active membership of community or youth organisations, and/or involvement in community events and/or participation in voluntary community work.

- In the category of Cultural/Artistic achievement, nominees would have contributed to the community in one or more fields of the visual, performing or literary arts.
The recipient will be selected from nominations received by 13 February 2015. Applicants must supply supporting documentation of their acceptance into University and the course they will be undertaking by 31 January. The successful applicant will be notified by the end of February each year. The executive will conduct all interviews and administer the scholarship for the term of the scholarship (3 years). The executive will invite an independent academic person to assist in the final selection of all students.

Students are to include all references in their applications.

RECIPIENT OBLIGATIONS
Successful applicants receive their scholarship following enrolment with payments made in half-yearly instalments. Payments are subject to the recipient maintaining Credit average results.

Scholarship holders will normally be required to pursue their study on a full-time basis on campus and study no less than four units a semester.

VALUE OF SCHOLARSHIP
$3000.00 per year for a period of three years paid in $1500.00 instalments at the end of each semester.

PROCEDURE
Nominations can be made by completing the nomination form on the reverse of this brochure; attaching a statement by the nominee, addressing the selection criteria and a supporting resume and references sending all of the above to:

Chief Executive Officer
C.ex Group
PO Box 2068
Coffs Harbour 2450

NAME ........................................................................................................................................

ADDRESS ....................................................................................................................................

...................................................................................................................................................

CLUB MEMBERSHIP NO. ........................................................................................................... PHONE ..............................................................

NOMINEE

NAME ........................................................................................................................................

ADDRESS ....................................................................................................................................

...................................................................................................................................................

PHONE ........................................................................................................................................

DURATION & COURSE UNDER CONSIDERATION ....................................................................

STUDENT NO. ......................................................................................................................... CLUB MEMBERSHIP NO. ...........................................................

Nominees must attach a statement, supporting resume and references
Nomination Form for
Student Representative Council (SRC) 2015
Bellingen High School

I hereby nominate ___________________________ in Year ________ for a position on the SRC.

_________________________ 
Nominator (print name) 
Signature of Nominator

I hereby support the above nomination.

_________________________ 
Staff Sponsor (print name) 
Signature of Staff Sponsor

I hereby declare that I am a genuine candidate for the Student Representative Council. I accept the above nomination.

_________________________ 
Candidate (print name) 
Signature of Candidate

In the space below, write a few lines about what you have done for the School, or your previous school, and the Community and outline what you consider to be the role of the Student Representative Council.

1. Outline what you have done for the School and the Community.

__________________________________________________________________________
__________________________________________________________________________
__________________________________________________________________________
__________________________________________________________________________
__________________________________________________________________________
__________________________________________________________________________

2. What do you consider to be the role of the Student Representative Council?

__________________________________________________________________________
__________________________________________________________________________
__________________________________________________________________________
__________________________________________________________________________
__________________________________________________________________________

Thank you for your nominations.

Mrs K. Hayward, SRC Co-ordinator
At Bellingen Physical Culture Club we provide affordable high quality dance classes for children from preschool to ladies in a friendly, welcome and supportive environment. Girls are guided to achieve their full potential whilst having fun and making friends that will last a lifetime. PHYSIE (or physical culture) is a creative expressive and enjoyable way for girls of all ages to keep fit and to develop self-confidence and health self-image. PHYSIE is all about fun, fitness and friendship. It is the only dance sport where girls and women can learn five kinds of dance and exercise in every class. Come and join the fun at Bellingen Physical Culture

WHERE: Bellingen Showground Luncheon Booth

WHEN: Mondays

WHO: Pre-schoolers (3-4 years) 3.30-4.00pm
Tiny Tots (5-7 years) 4.00-4.45pm
Teeny Boppers (8-9 years) 4.45-5.30pm
Teeny Boppers (10-12 years) 5.30-6.15pm
Ladies 6.15-7.00pm
Teens (13-15 years) 7.00-7.45pm
Seniors (over 16) 7.45-8.30pm

COST: $6.50 per week for Pre-schoolers $7 per week for all others + a one-off $50 registration fee to cover insurance and APRA

CONTACT: Debbie White (Teacher) – 0487 230 995
Karen Moxey (Principal) – 6729 1673

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**BELLINGEN HIGH SCHOOL BELL TIMES**

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Bellingen High School Uniform Code

Bellingen High School asks all parents to send their children to school neatly dressed in correct uniform. Every student should take pride in their personal appearance and the wearing of school uniform is an important step in developing a good school spirit. The following is acceptable uniform at Bellingen High School.

**GIRLS: YEARS 7-10**
- White button front blouse or polo shirt with collar (no advertisements)
- Blue tartan skirt or royal blue shorts or denim shorts (not more than 10 centimetres from the knee - see picture)
- Dark blue slacks or blue jeans of an acceptable length
- Dark blue jumper and/or school jacket (no hoodies)
- Black or single coloured **leather upper shoes**, white socks
- Acceptable sports shoes

**SPORTS DAY/PE**
- Royal blue shorts (not more than 10 centimetres from the knee)
- Gold polo shirt
- Acceptable non-marking sport shoes with white socks
- Hat

**YEARS 11-12**
- White button front blouse or polo shirt with collar (no advertisements)
- Royal blue skirt or royal blue shorts or denim shorts (not more than 10 centimetres from the knee - see picture)
- Dark blue slacks or blue jeans of an acceptable length
- Dark blue jumper and/or school jacket (no hoodies)
- Black or single coloured **leather upper shoes**, white socks
- Acceptable sports shoes

**BOYS: YEARS 7-12**
- White button front shirt or polo shirt (no advertisements)
- Dark blue jumper and/or school jacket (no hoodies)
- Grey shorts (not more than 10 centimetres from the knee – see picture), slacks (single colour) or blue jeans
- Black shoes, white or grey socks, acceptable sports shoes

**SPORTS DAY/PE**
- Royal blue shorts (single colour/of an acceptable length)
- Gold polo shirt
- Acceptable non-marking sports shoes with white socks
- Hat
Unacceptable dress for Bellingen High School:

- Stretch skirts (this is not negotiable)
- Girl’s shorts that are too short
- Ripped clothing
- Singlets, string shoulder tops as shirts, sleeveless shirts
- Low cut necklines or armpit holes, blouses/shirts that are indecent in a school environment; midriff tops (see skin, not in)
- Slogans or pictures excepting brand names (as in small pocket sized logo)
- No underwear as outwear (e.g. petticoats)
- Hoodies
- Coloured ties
- Long coloured/striped socks
- Sandals, crocs, thongs, high heels, ugg boots or slippers

Students wearing unacceptable dress will be either asked to change into school clothing or sent home.

Safety: NO long hanging bracelets, necklaces or earrings, excessively loose garments in practical subjects and sports activities.

Establishing and maintaining safe working environments is fundamental to the work of teachers and students. Footwear is an important safety item. Good soles provide a sound grip on the floor preventing accidents from occurring. Footwear can also protect feet from mechanical or chemical damage. DEC policy clearly states that it is mandatory that students carrying out practical activities using chemicals or equipment in schools wear enclosed leather footwear. This includes all Science, Industrial Arts and Home Economics classes.

Leather shoes can now be purchased for as little as $20. Leather skate shoes and leather joggers are now readily available trendy options other than the traditional school shoe.

We urge parents to provide their children with leather upper shoes so that we can meet our OH&S obligations.

Remember that if students are out of uniform they are required to bring a note from home AND/OR see the Deputy Principal for a red uniform slip.
Anti-racism Policy Statement

Bellingen High School rejects racism in all its forms. Our school is committed to the elimination of racial discrimination, including direct and indirect racism, racial vilification and harassment.

If your child feels that they are the victims of racism the incident or matter can be resolved by reporting it to the Anti-Racism Officer in our School. The Officer will then instigate an investigation based on the Grievance Procedures flow chart below.

All New South Wales schools are monitored by the Department of Education and Communities as an ongoing part of the Anti-racism Policy implementation across the State.

Anti-racism Grievance Procedures

Step 1: Making a complaint
Contact Officer will:
- obtain details
- inform person(s) of process and rights

Step 2: Investigating the complaint
Senior Officer and Contact Officer will:
- interview both parties
- seek resolution
- write report for Principal and recommend action

Step 3: Making a decision
Principal or Senior Officer will:
- decide on action and inform both parties
- inform both parties of right to appeal

Step 4: Appeal
Next most senior officer will:
- review material
- discuss with person appealing
- attempt resolution
- decide on action and inform all parties

Step 5: Further action
Principal or Senior officer will:
- monitor situation regularly
If I feel hurt or upset by what someone else has said, written or done.

I tell a teacher or my Year Advisor
or
A friend tells my teacher or Year Advisor
or
I use the Bully Box in the Library

First Report
Teacher will tell the bully to stop and help work out the problem.
My Year Advisor and Mrs Gorman will be informed.

Second Report
Mrs Gorman or my Year Advisor will help me work out a solution.
The bully will be given a warning by Mrs Gorman.

Third Report
Mrs Gorman will inform the Deputy Principal.
The bully will be given a warning by the Deputy Principal.

Fourth Report or
IF I AM IN DANGER
Deputy principal or Principal will interview the bully.
Bully may be suspended.

I may want to talk to the School Counsellor

My parents may be involved

I will receive continued support from teachers, Mrs Gorman, Counsellor and Deputy Principal
# Canteen Menu

## Fresh Food

**Sandwiches, Rolls & Wraps**
- Buttered Roll $0.60
- Vegemite or Peanut Butter $1.80
- Vegemite & Cheese $2.00
- Egg, Lettuce, Mayo $3.60
- Ham, Cheese, Tomato $3.80
- Salad $4.20
- Cheese & Salad $4.50
- Ham & Salad $4.80
- Chicken, Lettuce, Mayo $4.80
- Chicken & Salad $5.00

**Fresh Salad & Fruit**
- Variety of Salad Tubs $4.00
- Fresh Fruit (in season) $1.00
- Fresh Fruit Salad $3.00
- Fresh Yoghurt Tubs $2.50

**From the Bakery**
- Finger Buns $1.50
- Muffins $1.50
- Assorted Slices and Cup Cakes $2.50
- Cheese & Bacon Scrolls $2.50

## Hot Food

### Sausage Rolls
- Plain $2.80
- Ham and Cheese $2.80
- Vege $2.80
- Spinach & Ricotta $2.80

### Pies
- Plain $3.80
- Ham and Cheese $3.80
- Potato Pie $3.80
- Pepper Steak $3.80
- Chicken Mornay $3.80

### Pasties
- Spinach & Ricotta $2.80

### Burgers
- Chicken Snitzel (Lettuce, Mayo) $4.50
- Chilli Chicken (Lettuce, Mayo) $4.50
- Char Grilled Chicken Satay (Lettuce, Satay Sauce) $4.80
- Hamburger (Lettuce, Tomato, Cucumber, Beetroot, Cheese BBQ Sauce) $5.50
- Veggie Burger (Lettuce, Tomato, Cucumber, Beetroot, Cheese Sweet Chilli Sauce) $5.50

### Other
- Pizza Rounders $2.50
- Tomato Sauce $0.30

### Please Note
- Char Grilled Chicken Satay
- Hamburger & Veggie Burgers
  **MUST BE ORDERED BY RECESS**

## Drinks

- Plain Milk $2.00
- Small Flavoured Milk $2.10
- Large Flavoured Milk $3.10
- Poppers $1.50
- Small 100% Juice Varieties $1.60
- Small Go Fruit Juice $1.70
- Large Go Fruit Juice $2.20
- Large 100% Juice Varieties $2.60
- Iced Tea Varieties $2.70
- 600ml Water $1.80
- 1 Litre Water $2.50

### Daily Specials - $5.00
- Monday: Chicken Pasta & Greek Salads
- Tuesday: Chicken Caesar Salad
- Thursday: Steamed Dim Sims (3)
- Friday: Thai Beef Salad

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**Please ensure your lunch orders are in by recess**
<table>
<thead>
<tr>
<th>Year 7</th>
<th>Cost $</th>
<th>Year 9</th>
<th>Cost $</th>
<th>Year 11</th>
<th>Cost $</th>
</tr>
</thead>
<tbody>
<tr>
<td>Voluntary Contribution</td>
<td>25.00</td>
<td>Voluntary Contribution</td>
<td>30.00</td>
<td>Voluntary Contribution</td>
<td>40.00</td>
</tr>
<tr>
<td>Computing Skills</td>
<td>8.00</td>
<td>Agriculture</td>
<td>30.00</td>
<td>Business Services</td>
<td>15.00</td>
</tr>
<tr>
<td>Music</td>
<td>10.00</td>
<td>Drama</td>
<td>10.00</td>
<td>Community/Family Studies</td>
<td>40.00</td>
</tr>
<tr>
<td>Technology – Food/Textiles</td>
<td>40.00</td>
<td>Film and Video</td>
<td>40.00</td>
<td>*Engineering Studies</td>
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<td>Technology - Timber/Metal</td>
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<td>Food Technology</td>
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<td>Hospitality</td>
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<td>Marine Studies</td>
<td>50.00</td>
<td>Industrial Technology – Metal</td>
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<tr>
<td><strong>Total Year 7 Fees</strong></td>
<td><strong>$153.00</strong></td>
<td><strong>Music</strong></td>
<td>20.00</td>
<td>Industrial Technology – Timber</td>
<td>80.00</td>
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<tr>
<td></td>
<td></td>
<td>Technology - Metal</td>
<td>80.00</td>
<td>Information Technology</td>
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<tr>
<td></td>
<td></td>
<td>Technology - Timber</td>
<td>80.00</td>
<td>Music</td>
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<tr>
<td></td>
<td></td>
<td>Visual Arts</td>
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<table>
<thead>
<tr>
<th>Year 8</th>
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<th>Year 10</th>
<th>Cost $</th>
<th>Year 12</th>
<th>Cost $</th>
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<tbody>
<tr>
<td>Voluntary Contribution</td>
<td>25.00</td>
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<td>30.00</td>
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<tr>
<td>Computing Skills</td>
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<td>Agriculture</td>
<td>30.00</td>
<td>Business Services</td>
<td>15.00</td>
</tr>
<tr>
<td>Music</td>
<td>10.00</td>
<td>Drama</td>
<td>20.00</td>
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<td>40.00</td>
</tr>
<tr>
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<td>40.00</td>
<td>Film and Video</td>
<td>40.00</td>
<td>Drama</td>
<td>30.00</td>
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<tr>
<td>Technology - Timber/Metal</td>
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<td>Food Technology</td>
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<td>Engineering Studies</td>
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<tr>
<td>Visual Arts</td>
<td>30.00</td>
<td>Marine Studies</td>
<td>60.00</td>
<td>Hospitality</td>
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<tr>
<td><strong>Total Year 8 Fees</strong></td>
<td><strong>$153.00</strong></td>
<td><strong>Music</strong></td>
<td>20.00</td>
<td>Industrial Technology – Metal</td>
<td>80.00</td>
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<tr>
<td></td>
<td></td>
<td>Photography</td>
<td>60.00</td>
<td>Industrial Technology – Timber</td>
<td>60.00</td>
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<tr>
<td></td>
<td></td>
<td>Technology - Metal</td>
<td>80.00</td>
<td>Information Technology</td>
<td>15.00</td>
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<tr>
<td></td>
<td></td>
<td>Technology - Timber</td>
<td>80.00</td>
<td>Music</td>
<td>20.00</td>
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<tr>
<td></td>
<td></td>
<td>Visual Arts</td>
<td>50.00</td>
<td>Visual Arts</td>
<td>70.00</td>
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</table>

* Year 11 Engineering Studies fee of $45 consists of $40 Drawing Kit/$5 Fee
# DATES TO REMEMBER

<table>
<thead>
<tr>
<th>FEBRUARY</th>
<th>APRIL</th>
</tr>
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<tbody>
<tr>
<td>9 P&amp;C Meeting</td>
<td>2 Year 12 VET Work Placement (ends)</td>
</tr>
<tr>
<td>10 MNC Volleyball (Gala and Trial)</td>
<td>2 End Term 1</td>
</tr>
<tr>
<td>12 MNC Basketball (Gala and Trial)</td>
<td>20 School Development Day</td>
</tr>
<tr>
<td>13 Year 7 Transition Excursion</td>
<td>21 Term 2 Commences (students return)</td>
</tr>
<tr>
<td>13 NCCHS Basketball</td>
<td>23-27 Year 10 HSIE ANZAC Excursion</td>
</tr>
<tr>
<td>16-18 NSWCHS Cricket</td>
<td>28 ANZAC Assembly</td>
</tr>
<tr>
<td>18 MNC ALF (U15's)</td>
<td>28 NSWCHS Lawn Bowls</td>
</tr>
<tr>
<td>24 NCCHS Volleyball</td>
<td>28-30 NSWCHS Football/Volleyball/Basketball</td>
</tr>
<tr>
<td>24-26 NSWCHS Softball</td>
<td></td>
</tr>
<tr>
<td>26 NCCHS Basketball</td>
<td></td>
</tr>
<tr>
<td>27 MNC Swimming</td>
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<table>
<thead>
<tr>
<th>MARCH</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 MNC Rugby League</td>
</tr>
<tr>
<td>3 NSWCHS Tennis</td>
</tr>
<tr>
<td>4 MNC Touch Football (U15)</td>
</tr>
<tr>
<td>5 NCCHS Swimming</td>
</tr>
<tr>
<td>5-9 Year 12 Society &amp; Culture Excursion</td>
</tr>
<tr>
<td>8-10 Creative Arts Excursion</td>
</tr>
<tr>
<td>9 P&amp;C Meeting</td>
</tr>
<tr>
<td>10 MNC Football (Boys)</td>
</tr>
<tr>
<td>12 Year 7 Vaccinations</td>
</tr>
<tr>
<td>12 NCCHS AFL</td>
</tr>
<tr>
<td>17 MNC v LNC Rugby League</td>
</tr>
<tr>
<td>18 Social (6.30-9.30pm)</td>
</tr>
<tr>
<td>18 NCCHS Touch Football</td>
</tr>
<tr>
<td>19 School Photographs</td>
</tr>
<tr>
<td>20 NCCHS Football</td>
</tr>
<tr>
<td>21 Harmony Day</td>
</tr>
<tr>
<td>23 MNC Hockey (Trials)</td>
</tr>
<tr>
<td>24 NCCHS Rugby</td>
</tr>
<tr>
<td>27 NSWCHS Swimming</td>
</tr>
<tr>
<td>27 MNC Netball (Gala and Trial)</td>
</tr>
<tr>
<td>27 NCCHS Rugby League</td>
</tr>
<tr>
<td>27 Year 12 Music Performance Night</td>
</tr>
<tr>
<td>30 Years 10/11/12 Parent/Teacher Night</td>
</tr>
<tr>
<td>30 Year 12 VET Work Placement (starts)</td>
</tr>
<tr>
<td>31 Years 9/10 Science &amp; Engineering Challenge</td>
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</table>

<table>
<thead>
<tr>
<th>JUNE</th>
</tr>
</thead>
<tbody>
<tr>
<td>8 Queens Birthday Holiday</td>
</tr>
<tr>
<td>11 MNC Athletics</td>
</tr>
<tr>
<td>12-17 Junior State Music Camp</td>
</tr>
<tr>
<td>22-26 Senior State Music Camp</td>
</tr>
<tr>
<td>23-25 Quirindi Visit</td>
</tr>
<tr>
<td>26 End Term 2</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>JULY</th>
</tr>
</thead>
<tbody>
<tr>
<td>13 School Developmnet Day</td>
</tr>
<tr>
<td>14 Term 3 commences (students return)</td>
</tr>
<tr>
<td>17 NSW All Schools Cross Country</td>
</tr>
<tr>
<td>20 Year 8 into 9 Student/Parent Info Night</td>
</tr>
<tr>
<td>27 Years 7/8/9 Parent/Teacher Night</td>
</tr>
<tr>
<td>27-31 Education Week</td>
</tr>
<tr>
<td>31 NCCHS Athletics</td>
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YEAR 12 ASSESSMENT TASKS – TERM 1

<table>
<thead>
<tr>
<th>SUBJECT</th>
<th>TASK</th>
<th>DUE</th>
<th>WEIGHTING</th>
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<tbody>
<tr>
<td>Agriculture</td>
<td>1 and 2</td>
<td>Weeks 5 &amp; 9</td>
<td>20% &amp; 20%</td>
</tr>
<tr>
<td>Ancient History</td>
<td>2</td>
<td>Week 8</td>
<td>15%</td>
</tr>
<tr>
<td>Biology</td>
<td>2</td>
<td>Week 8</td>
<td>25%</td>
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<tr>
<td>Business Studies</td>
<td>2</td>
<td>Week 8</td>
<td>20%</td>
</tr>
<tr>
<td>Chemistry</td>
<td>2</td>
<td>Week 6</td>
<td>20%</td>
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<tr>
<td>CAFS</td>
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<td>Week 4</td>
<td>25%</td>
</tr>
<tr>
<td>Drama</td>
<td>3</td>
<td>Week 9</td>
<td>30%</td>
</tr>
<tr>
<td>Engineering</td>
<td>2</td>
<td>Week 9</td>
<td>15%</td>
</tr>
<tr>
<td>English Advance</td>
<td>3</td>
<td>Week 7</td>
<td>15%</td>
</tr>
<tr>
<td>English Ext 1</td>
<td>1</td>
<td>Week 2</td>
<td>15%</td>
</tr>
<tr>
<td>English Ext 2</td>
<td>1</td>
<td>Week 4</td>
<td>10%</td>
</tr>
<tr>
<td>English Studies</td>
<td>2</td>
<td>Week 6</td>
<td>20%</td>
</tr>
<tr>
<td>English Standard</td>
<td>3</td>
<td>Week 8</td>
<td>15%</td>
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<tr>
<td>IT Timber/Metal</td>
<td>2</td>
<td>Week 8</td>
<td>40%</td>
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<tr>
<td>Maths General</td>
<td>2</td>
<td>Week 10</td>
<td>30%</td>
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<tr>
<td>Mathematics</td>
<td>2</td>
<td>Week 10</td>
<td>30%</td>
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<tr>
<td>Maths Ext 1</td>
<td>2</td>
<td>Week 10</td>
<td>30%</td>
</tr>
<tr>
<td>Maths Ext 2</td>
<td>2</td>
<td>Week 10</td>
<td>30%</td>
</tr>
<tr>
<td>Music 1</td>
<td>2</td>
<td>Week 9</td>
<td>20%</td>
</tr>
<tr>
<td>Music 2</td>
<td>2</td>
<td>Week 9</td>
<td>25%</td>
</tr>
<tr>
<td>PDHPE</td>
<td>2</td>
<td>Week 9</td>
<td>20%</td>
</tr>
<tr>
<td>Physics</td>
<td>2</td>
<td>Week 7</td>
<td>25%</td>
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<tr>
<td>SLR</td>
<td>2</td>
<td>Weeks 8 &amp; 9</td>
<td>25%</td>
</tr>
</tbody>
</table>

BELLINGEN FC
2015 SOCCER REGISTRATION

All players are now required to register on-line at www.myfootballclub.com.au.

Payment can be made online during registration or in person at the following dates and venues

- Saturday 7th and 14th February at Connell Park 10am - 12noon
- Wednesday 18th February at the Gelato Bar 4pm - 6pm

Check the club’s website at www.bellingenfc.com.au for all 2015 registration fees and further information, or call Lucas on 0413 093304.

Also if you have any questions or need help with the online registration please come and visit us at the registration days.

BFC will give you a 10% discount on the fees of the second registration and 20% discount on the fees of the third or more registration per family (the highest age group will count as 1st registration).

Registration will only be complete and accepted if you have paid the fee in full. Late registrations after the 28th February will incur a $25 late registration fee.

If you would like to help out as a trainer/coach or by volunteering to assist with other club activity, please come along and express your interest. The club is also interested in hearing from young people who would like to become referees or coaches of youth teams.

Earth & Sky Yoga
Yoga for Teenagers

RELAX – BUILD YOUR STRENGTH & FLEXIBILITY – IMPROVE YOUR POSTURE – REGULATE YOUR MOOD – SLEEP BETTER – FEEL HAPPY & CONNECTED

TUESDAY 4 TO 5.30 PM
TERM 1 STARTING ON TUES 3RD OF FEB 2015
$15 PER CLASS OR $40 FOR THE TERM
FIRST CLASS FREE!
FOR MORE INFO CALL OLIVIA 048322393

EVERYBODY WELCOME!
<table>
<thead>
<tr>
<th>Event</th>
<th>Day and Time</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Two Way Street:</td>
<td>Any time - YOU choose! BOOKINGS OPEN</td>
<td>Our Driving Supervisor program, “Two Way Street”, is looking for more young people who want to learn to drive! For those who already have their Learners plate, supervisors from our community are available throughout the week. We have a car for you to use. Any youths can learn to drive in safety by using our new Driving Simulator! Call: (02) 6655 0381 to book a time.</td>
</tr>
<tr>
<td>Youth Clinic</td>
<td>Thursdays WEEKLY 2PM-5:30PM</td>
<td>The Youth Clinic is NOW WEEKLY thanks to popular demand. A doctor and youth workers will be available in every session, with a psychologist also available fortnightly. The service remains bulk-billed. Those interested can call: (02) 6655 0000 or just drop in!</td>
</tr>
<tr>
<td>Rivers Ballet Studio</td>
<td>Tuesdays, Thursdays, Fridays AND Saturdays</td>
<td>The fantastic Rivers Ballet dance studio is back for 2015! All this year’s classes running through the Hub. River’s Ballet Studio offer pre-vocational training in Cecchetti Ballet, Jazz, Modern, Contemporary &amp; Hip Hop styles for boys and girls from 3 years and up.</td>
</tr>
<tr>
<td>Art Classes</td>
<td>Every Thursday</td>
<td>Art classes with Fiona are still running weekly at 4pm in the Hub’s ArtPark!</td>
</tr>
<tr>
<td>More classes of all kinds!</td>
<td>(Various)</td>
<td>Business Studies, Training Assessment, Barista, and First Aid courses may be provided on demand. Contact us to show your interest (see below).</td>
</tr>
</tbody>
</table>

---

**NINE MATES IS ALL IT TAKES**

To start any new program, all you need is nine friends to show their interest.
Please call (02) 6655 0381 or check our website at www.belloyouthhub.net for details.

Proudly supported by the Bellingen Shire Council