From the Principal

We received sad news on Tuesday about a member of our school community. One of our Year 11 students, Jack Sands has died suddenly.

We informed students at school on the day and sent a letter home to inform the parents of students in Year 7 to 10. This week and over the coming weeks, you may be concerned about the reactions of your son/daughter to this news. Staying connected and engaged with your son or daughter is one of the best ways to support them. We have provided additional counselling support for students and staff this week and will continue to provide this support. I have included below some different Ideas for supporting your child including emergency support.

If you have need of any further information, or have additional concerns that it would be helpful for the school to know, please contact me as soon as possible.

There has been an account set up at the Bananacoast Credit Union for the purpose of collecting donations to assist the family with funeral costs. Staff and students will be given the opportunity to make a donation at school or you may choose to make a deposit into this account. Account details are:

Bananacoast Credit Union  
Jack’s Memorial Fund  
BSB 704328  
Member No. 237131  
S44

Our thoughts and heartfelt sympathy are with the student’s family and friends.

Important Messages for Parents to Share with their Children:

- All of us should seek help when we feel down or vulnerable.
- Young people should tell an adult if they are worried about a friend or themselves.
- The best way to manage sad feelings is to stick to the normal routine as much as is reasonable and possible. The school will be supporting students and staff through the counselling service.
Some kids prefer to talk to someone they don’t know:

- Let them know they can see our School Counsellor, Sandy Hamilton
- Kids Helpline 1800 551 800
- Lifeline 131 114 [www.lifeline.org.au](http://www.lifeline.org.au)
- Access e-Headspace, which provides both online and telephone support 1800 650 890 [www.eheadspace.org.au](http://www.eheadspace.org.au)
- Mental Health Line also provides excellent support 1800 011 511
- If your child is already being supported by a mental health professional, you should ensure that this information is passed onto them.

Paul Holding

**From the TAS Faculty**

Corey’s tiger is off to Sydney!

We are pleased to announce that Corey Cross Year 12 student at Bellingen High School has been selected to be a finalist in the 2014 Manufacturing & Engineering Institute of Australia (MEIA) Sculpture of the Year Awards. What a great effort to reach the top ten in the State as judged so far.

The MEIA seeks to acknowledge innovative uses of metals and associated materials, and to raise awareness of opportunities in the engineering and manufacturing sector.

Announcement of the winners and high commendations is tonight at the Metals Industry Awards Dinner at Bankstown Sports Club.

Congratulations Corey and good luck!

Ian Dillon
Head Teacher TAS Faculty
Bellinger River turtles everywhere!

Did you know there are 23 species of freshwater turtle in Australia and the Bellinger River is home to our very own one - the Bellinger River Turtle.

8T4 have been creating beautiful turtle sculptures using Blue Gum as the shell.

Also pictured is Bailey Woollard who created a great intarsia picture using different species of timber in Year 9 Woodwork.

Bellingen High School P&C Meeting
6.30pm - Monday 21 July
Staff Common Room
All Welcome!
Food Equity - Nepal Presentation

Both Miss Jeanes and Mrs Hayward’s Year 10 Food Technology classes hosted a guest speaker for their recent unit on Food Equity. Freea Fontonella a Youth Worker, participated in a one month volunteer program in Nepal. The program was with CWON (Children’s Welfare Organisation Nepal) in January, organised through Southern Cross University and focussed on community development. Freea discussed traditional food and eating habits in Nepal and presented many photographs and a short film. The students had an opportunity to try Dal Bhat, Nepal’s staple food.

Jesse Jeanes/Karen Hayward
Year 10 Food Technology - TAS Faculty

Donut Scones? Devonshire Cordial?

7T7 Food Technology rookies recently turned traditional scone making topsy turvy with some original ideas.

Alex and Calin made scone donuts and scone donut holes. Jamie preferred his scones hot with melting cream and the rest of the class had cordial instead of tea.

But one thing remained the same – great scones, baked to perfection by these Year 7 Masterchefs. This group has proven they are good cooks and their families should be enjoying some home baking treats!

To date they have cooked vegie and cheese muffins, pizzas, apple crumble and of course, scones. Keep up the great cooking (and cleaning) Year 7!

Fiona McAulay
TAS Faculty
Congratulations to the following students who have been accepted into the BLUE STAR Program:

Elisha Thompson  
Jessica Gough  
Chloe Gough  
Aaron Scheef  
Kalinda Scheef  
Joshua Thompson

The BLUE STAR Program is run by Bellingen High School in conjunction with PCYC. It is an opportunity for students to participate in a citizenship program. The program will provide students with the Duke of Edinburgh (Bronze) Award, a First Aid Certificate and a Certificate I in Active Volunteering.

We wish them a farewell as they will be off to Sydney during the July school holidays to complete their first camp, alongside 48 other students from around New South Wales.

Ms Jody Newhouse  
BLUE STAR Coordinator
Recently, eight of our SEC members attended the My River Bellinger project. Students tested the health of the Bellinger River, the Never Never, and the surrounding environment. Tests included: water quality, flow rate, biodiversity, turbidity, Ph levels, oxygen, temperature, faecal coliforms and phosphate level. It was a great day had by all, and we are waiting in anticipation for the final results! Thank you to all that helped out and attended.

Promised Lands – River testing

Do you have...

Old glass jars and plastic planter pots that you no longer need?

If so, please donate to the SEC.

Drop to Miss Hill in HSIE

Thanks!

MEETING
Week A: Tues, Lunch 1
Week B: Tues, Lunch 2
Room: F4
ALL WELCOME!!
The BHS SEC is currently running three major projects:

- Recycling within the school
- Save the koalas
- Re-planting of natives and small shrubs

In terms of recycling, we have been working towards getting recycling boxes back into EVERY classroom. Fortunately for us, Coffs Coast Waste Management are donating 25 recycle bins for classrooms. In the meantime, if you have a spare cardboard box, please use this for recycling, and the SEC will be around every Friday morning to collect and empty during roll call – if we have forgotten to empty your bin, please contact Miss Hill in HSIE. We encourage ALL students, teachers and staff to recycle!

The SEC are also trying to create awareness to the rapidly decreasing koala habitat in the Bellingen area; paying particular attention towards the loss of koala habitat due to the Urunga bypass. Students will be holding a koala cupcake stall to raise money for the koalas (date is yet to be advised).

Over the past few weeks, Bellingen High School’s grounds were overtaken by qualified arborists. The Department of Education ordered unsafe trees to be cut down after the tragic death of a year 4 student in a Sydney school at the beginning of the year. The SEC plans to redevelop these areas with (safer) new plants and has registered in the Planet Ark National Tree Day which will fall on Friday 25th July.

Last but not least... winter is here and there is definitely a chill in the air! PLEASE don’t forget to save power by only having heaters on when necessary, and by turning off heaters/air-conditioners, AND lights, when you leave the classroom. There are alternative ways to stay warm this winter: wear thick socks, a good old singlet under your shirt (or even a 80s skivvy), and a jumper or jacket (make sure its blue). Layers layers layers, they are awesome!

We welcome all suggestions in relation to environmental issues, so come and chat to Miss Hill or one of the SEC members if you have any ideas. Until next time!

Student Environmental Council

National Tree Day Sunday 27 July
Schools Tree Day Friday 25 July

Get involved!
Visit treeday.planetark.org or call 1300 88 5000

National Tree Day is organised by Planet Ark in partnership with Toyota Australia.
School Musical

Congratulations to Bellingen High School students and staff on the outstanding success of the musical *My Fair Lady*. A fantastic experience was had by all - audience, cast, orchestra and helpers. What an amazing display of local talent in the Bellingen Shire.

If you would like more photos of our Musical check out the school's website – we have over 140 photos thanks to the fine work of Jarrod Mitton Year 12 student.
Graffiti Art at Lunchtime

Year 7 lunchtime Graffiti Art sessions are going well thanks to Benn and SMILE mentors. The lunchtime group is open to anyone in Year 7 on Wednesdays in Art Room 1. All welcome.

By Willow

By Saxon

By James
Cybersmart Outreach
Mark the Date – 11th August!

Cybersmart Outreach will be visiting Bellingen on 11th August to run Cybersafety presentations for students, staff and parents. Parents will be invited to attend the presentation at 6.30pm in conjunction with our P&C Meeting. More information will be issued next term.

The ACMA’s Cybersmart Outreach – Internet Safety Awareness Presentations As part of its Cybersmart Outreach program, the Australian Communications and Media Authority (the ACMA), delivers free internet safety awareness presentations for parents, teachers and students.

Presentations provide valuable information about the risks confronting children online, and offer tools and tips to help make their internet experiences safe and positive.

Internet safety presentations cover topics including:

- the ways children use the internet and emerging technologies;
- potential risks for children online, such as cyberbullying, illegal content, inappropriate contact, identity theft, grooming and predatory activity; and
- tips to help children stay safe online.

The presentation is thorough, non-technical and is conducted by an accredited cybersmart trainer.

Frieda Gorman
IT Teacher

Amart Community Kickbacks Program

Bellingen High School has been selected to participate in the Amart Community Kickbacks Program. Under this program the school can earn 5% of your purchases at Amart Sports as instore credit to spend on our school sports programs.

All you need to do is join Team Amart, select Bellingen High School from the list of participating groups and swipe your loyalty card every time you make a purchase at Amart Sports. You’ll receive access to great member prices and other initiatives and the school will receive a 5% credit. Thank you for your support.
On Monday 16\textsuperscript{th} and Tuesday 17\textsuperscript{th} June 2014, the whole of Year 7 had the opportunity of meeting a Balinese man named Made Denis who works for the AIAA (Australian Indonesian Arts Alliance). Made Denis comes each year to teach school students how to play Balinese instruments. We have been lucky for him to come to our school for the last 3 years.

When we first met Made, he introduced us to each of the instruments; they were:

- 😊 Gong
- 😊 Tong
- 😊 Gangsa
- 😊 Ceng Ceng
- 😊 Kendang
- 😊 Gender
- 😊 Kethuk

All the instruments we played were cultural and interesting. We all had the experience to play them and also perform an easy traditional song in front of the rest of the class. There were smiles, laughs and people had a good time.

All up I thought the whole performance was a success and hope to see Made come back and continue his visits.
School Garden News

Another productive and fun term at the garden! We planted many winter seedlings, which are doing very well, prepared new garden beds and valiantly fought the nut grass. Thanks everyone involved for your great work! During this term we also started growing veggies for the Home Economics Department, a great step forward in terms of the garden activities connecting with other departments in the school. Thanks Miss Jeanes for your enthusiasm and love of fresh produce!

We also, like we always do, prepared something delicious to enjoy at the end of the gardening session each week. Highlights were the arrowroot cookies, made with arrowroot grown in the school garden, and patiently dried and ground and finally made into flour by Jordan Neville, and the battered and fried squash flowers (see my Italian grandmother’s recipe below!).

Ingredients:
- 20 zucchini flowers (or pumpkin or squash flowers - the latter is plentiful at the moment in the school garden)
- Flour - 150g
- Water – 100 ml
- Salt to taste
- Pepper
- Oil – enough for frying
- 2 eggs

Method:
Gently wash the flowers in water and drain them over a clean dry tea towel. Prepare the batter by making a volcano shape with the flour, add eggs, then water, salt and pepper. Mix well, until the mixture is smooth and without lumps. Heat the oil. Dip the flowers into the batter and fry until crispy and golden. Enjoy!
MINING ENGINEERING: A career that rocks! Come and find out why...

UNSW MINING ENGINEERING is the optimum gateway to:

- One of the most diverse and rewarding career paths for graduates
- Excellent travel opportunities in Australia and around the world
- Learning from world-class academics using innovative technologies
- Robust industrial training with leading mining companies
- A unique learning environment with a strong community feel

The UNSW School of Mining Engineering is hosting a

MINING ENGINEERING INFORMATION DINNER

A great opportunity for Year 10-12 students in the Coffs Harbour area to meet with current UNSW students, staff and industry professionals to get the dirt on Mining Engineering. Find out about entry options, campus life, study, career options and what it’s really like to work in the Minerals Industry. The dinner will be held at:

Coffs Harbour: C.ex Coffs, 1 Vernon Street
on Friday 22nd August, 2014 (6:30 PM for a 7:00 PM start)

Space is limited so book early – Parents and Teachers welcome.

RSVP by Friday 8th August by emailing mining@unsw.edu.au with your name, school, year, number of seats required and any dietary requirements.

For further information please contact: School of Mining Engineering
e: mining@unsw.edu.au or by p: 02 9385 5006 www.mining.unsw.edu.au
Sport News
School Athletics Carnival

The Bellingen High School Athletics Carnival was held on Thursday 29th and Friday 30th May in perfect conditions. It was to be a day and a half of hot competition with many students involved in all sorts of activities. The novelty events were popular, with hooping and tug of war some of the favourites.

Age Championships were eagerly contested with Champions and Runners up as follows:

<table>
<thead>
<tr>
<th>Age</th>
<th>Champion</th>
<th>Runner Up</th>
</tr>
</thead>
<tbody>
<tr>
<td>12 years girls</td>
<td>Jorga Hearps</td>
<td>Sian Banks and Samantha Zink</td>
</tr>
<tr>
<td>12 years boys</td>
<td>Will Thomas</td>
<td>Thomas Spatz</td>
</tr>
<tr>
<td>13 years girls</td>
<td>Jacqueline Kambere</td>
<td>Eloise Hiller-Stanbrook</td>
</tr>
<tr>
<td>13 years boys</td>
<td>Liam Nisbet</td>
<td>Riley Neaves</td>
</tr>
<tr>
<td>14 years girls</td>
<td>Katie Thorn</td>
<td>Gaia Malcisi and Niamh Hiller-Stanbrook</td>
</tr>
<tr>
<td>14 years boys</td>
<td>Isaac Allman</td>
<td>James Van Dam</td>
</tr>
<tr>
<td>15 years girls</td>
<td>Talissa Alford</td>
<td>Katelyn Wolfe</td>
</tr>
<tr>
<td>15 years boys</td>
<td>Aaron Rigney</td>
<td>Jonah Mitchell</td>
</tr>
<tr>
<td>16 years girls</td>
<td>Brie Thomas</td>
<td>Abbey Hart</td>
</tr>
<tr>
<td>16 years boys</td>
<td>Jonty Neaves</td>
<td>Andrew Trist</td>
</tr>
<tr>
<td>17+ years girls</td>
<td>Olivia Hulbert</td>
<td>Evett Holland</td>
</tr>
<tr>
<td>17+ years boys</td>
<td>Luke Thorn</td>
<td>Kyle Banks</td>
</tr>
<tr>
<td>MD</td>
<td>Shane Johnson</td>
<td></td>
</tr>
</tbody>
</table>

An amazing 7 records were broken on the day, which is outstanding, as these records date back over 40 years. Special mention must be made of a very proud Luke Thorn (pictured right) who broke Paul Hoffman’s 400m 17 years boys record wearing one of Paul’s shirts.
Close to 80 Bellingen High students competed in the Mid North Coast Athletics Carnival on Wednesday 18th June, details of which will be in our next Newsletter.

**Records**

<table>
<thead>
<tr>
<th>AGE GROUP</th>
<th>STUDENT</th>
<th>EVENT</th>
<th>TIME/DISTANCE</th>
</tr>
</thead>
<tbody>
<tr>
<td>13 years boys</td>
<td>Liam Nisbet</td>
<td>200m</td>
<td>28.12</td>
</tr>
<tr>
<td>14 years girls</td>
<td>Katie Thorn</td>
<td>1500m Walk/Triple Jump</td>
<td>9.48.44 / 9.93m</td>
</tr>
<tr>
<td>16 years girls</td>
<td>Brie Thomas</td>
<td>Triple Jump</td>
<td>10.49m</td>
</tr>
<tr>
<td>16 years boys</td>
<td>Ezra Malcisi</td>
<td>100m</td>
<td>11.25</td>
</tr>
<tr>
<td></td>
<td>Jesse Vincent-Ellis</td>
<td>Shot put</td>
<td>12.46m</td>
</tr>
<tr>
<td>17 years+ boys</td>
<td>Luke Thorn</td>
<td>400m</td>
<td>54.47</td>
</tr>
</tbody>
</table>

**Large team heads to NSW All Schools Cross Country**

Eight runners from Bellingen High School have qualified to compete at the NSW All Schools Championships at Eastern Creek on Friday 18th July. This is the largest team in years (twice as big as 2013) to qualify for this event.

Left to right - Katie Thorn, Joseph Pettit, Jonah Mitchell, Jacob Thorn, Jonty Neaves, Jack Martin, Jordan Newbound, Trent Timms
The students qualified at the recent North Coast Championships that were held at Kempsey. The 16 years boys team were the Champion School team. The outstanding results were:

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Name</th>
<th>Position</th>
</tr>
</thead>
<tbody>
<tr>
<td>14 years girls</td>
<td>Katie Thorn</td>
<td>5th</td>
</tr>
<tr>
<td>15 years boys</td>
<td>Jonah Mitchell</td>
<td>10th</td>
</tr>
<tr>
<td>16 years boys</td>
<td>Trent Timms</td>
<td>10th</td>
</tr>
<tr>
<td></td>
<td>Jacob Thorn</td>
<td>31st</td>
</tr>
<tr>
<td></td>
<td>Jonty Neaves</td>
<td>2nd</td>
</tr>
<tr>
<td></td>
<td>Jordan Newbound</td>
<td>8th</td>
</tr>
<tr>
<td>17 years boys</td>
<td>Jack Martin</td>
<td>7th</td>
</tr>
<tr>
<td>17 years boys</td>
<td>Joseph Pettit</td>
<td>2nd</td>
</tr>
</tbody>
</table>

**Joel selected in NSW 1st 15**

Bellingen High School Year 11 student, Joel Cooper has been selected in the NSW Combined High Schools 1st Rugby Union team. This is a great achievement for a very talented player and, certainly in recent times, the only Bellingen High student to reach this level in Rugby Union. Joel was selected in the hotly contested number 8 position, a position Joel is becoming very familiar with.

This weekend he is travelling to Sydney for training and to compete in his first trial game and has to travel again next weekend to compete in a second trial game. From these two trial games a NSW 1st and 2nd team will be selected to play in the National Championships, again in Sydney in the July holidays.

Good luck to Joel in this selection process as he is an outstanding young player.

*Liz Hoy/Jon Winfer*  
*Sport Coordinators*
Disability Expo 2014
Toormina High School Library

Date: Friday 29th Aug
Time: 10am – 2pm

Information will be available for young people with a disability (aged 15 – 18 years) and their parents/guardians to assist with the transition from school to a range of post school options which may include the pursuit of further education, employment, volunteering and/or prevocational training.

Including schools from Maclean to Macksville

Some of the Service Providers present will include:
Accommodation Network, ADHC, Break Thru People Solutions, Caringa Enterprises, CHESS, ETC, Headspace, Life Without Barriers, Nambucca Valley Phoenix, Nortec, On Track Community Programs, Key Employment, TAFE NSW, Northcott Disability Services, ACI – NSW Health Transition Care, Coffs Harbour Support Services, Australian Hearing, Valley to Plateaus, Lifestyle Solutions, Mid Coast Communities, New Horizons Enterprises, Open Arms Care

Contact Organiser – Robyn West
Transition Adviser Toormina High School
0266533077
robyn.west@det.nsw.edu.au
Tick eHealth off your parent ‘to do’ list

As a busy parent, juggling the needs of your children with a hundred other tasks, remembering your family’s health information can be a challenge. Registering for an eHealth record is a simple, secure way for you to manage and track your family’s health. With an eHealth record you and your child’s health providers will be able to access their health information when it is needed, even if they get sick in the middle of the night.

Australians can now choose to register themselves and their children for an eHealth record. The National Personally Controlled Electronic Health (eHealth) Record system, developed by the Australian Government, is an online system designed to make it easier for you to track and manage your children’s healthcare. It provides participating healthcare professionals treating you and your children with better and faster access to your important health information.

Access whenever and wherever you need it

Currently, health records are either paper based or stored in different places and systems so doctors and nurses often have to spend time chasing paperwork. An eHealth record brings together a summary of you and your child’s key medical information, drawn from records already held in different parts of Australia’s healthcare system. Having an eHealth record means you can access your health information online, whenever and wherever you need it. You can also share this information with healthcare professionals you authorise. It won’t matter how many doctors you and your child see; if you give them permission they will all be able to view the same health information.

This means that you or your healthcare professionals will be able to see an up-to-date summary of your child’s medical information straight away, helping your child to get the care they need more quickly.

“Registering was so simple,” said Amanda, mum of two, “I did it online and it only took around 10 minutes. Now I have access to both my children’s eHealth records.” The eHealth record stores key health information such as allergies, current medications, immunisations records, details of recent medical history and any previous adverse reactions to treatments. “It is so useful and one less thing to worry about. Now I know that my children’s medical information is all online and in one place and I can access it at any time”, Amanda said.

Safe and secure

Records are protected by strong security and privacy safeguards to prevent any unauthorised access; so you know that all your family’s health information is safe and secure. You will be able to access you and your child’s records using a secure password and login.

Going mobile

The eHealth record is now mobile; if your child has an eHealth record you can download a free app onto your iPhone or Android phone which allows you to view and add information to your child’s eHealth record when you are on the go. The child’s eHealth record mobile app lets parents view a range of information such as growth charts and reminders about health checks and immunisations. Ellie’s mum, Hannah, said “I love having my daughter’s information on my phone. It was so useful having her immunisation information to hand when I registered her for daycare rather than remembering where it was all written down, or requesting it from her GP.”

Getting bigger everyday

The eHealth record system is continuing to grow as more healthcare professionals across Australia register and contribute to the system. Medicare Locals are working with health professionals to assist them in being ready to access the eHealth record system and support their patients in adding key medical information into their eHealth records. The Medicare Locals are also out and about, informing the public about the eHealth record system and providing assistance to help people register.

Registration is easy

If your child is under 18, you have parental responsibility for them and they are on your Medicare Card you can register them for an eHealth record. Registration is easy and you can do it in a variety of ways:

• At your next GP appointment ask if they are set up with the facilities to assist you with registering.
• Online by visiting www.ehealth.gov.au
• By phone 1800 723 471
• In person, by visiting your local Medicare Australia Service Centre
• In writing, by completing the registration application form available from Medicare Australia Service Centres or from www.ehealth.gov.au.

For more information visit the eHealth website at www.ehealth.gov.au

Story provided by Central Coast NSW Medicare Local and Hunter Medicare Local

medicare local
North Coast NSW
Keeping people healthy and out of hospital
Martial Arts and Fitness Classes
with Glenn Puckeridge

Glenn has 35 years' experience in self-defence and fitness instruction and is a Government Accredited Instructor.

For more information regarding classes/times please phone Glenn

0428 360 227
Fundraiser for Research
Motor Neurone Disease

Major Hamper Draw

Bellingen Golf Club
Saturday 5th July    Drawn at 8pm
You don’t have to be in the club to win

1st PRIZE  Wheelbarrow filled with goodies
            Currently valued at over $2000!!!
            Wheelbarrow    Kitchen Goods    Meat Vouchers
            Shovels        Jewellery       Food Vouchers
            Axe            Pampering       Skateboards
            Garden Tools plus plenty more

2nd PRIZE  2 Night’s Accommodation
            Over $500 in value + final prize to be advised

Tickets on sale - can be purchased from the School’s Front Office
BELLINGEN EYE BIG DAY OUT
Canoeing trip & Landcare Working Bee
Sunday 22nd June 10 to 4 pm

Come along and enjoy a morning of canoeing along the Bellinger river. Learn about river health and how to help look after our beautiful waterways.

In the afternoon we will hold a working bee at Ringwood Creek Park, a valuable wildlife corridor where koalas and other threatened species live. Please come along and help out! Bring your family and friends!

WHO
Youth in Year 7 and up for the morning canoeing; family and friends of any age welcome to join for the afternoon working bee

WHERE
Meet at 10 am at the Point car park (James Ether Way, off Dowle St for Canoeing)
Meet at 2 pm at the park opposite 15 Tamarind Drive, North Bellingen for the Landcare working bee

COST
$5 Bellingen EYE membership, if you haven’t got it already. Otherwise this event is free!

QUESTIONS?
Contact Olivia on 0406322393

LIMITED NUMBERS!
REGISTRATION ESSENTIAL FOR THE CANOEING PART –

Email info@bellingeneye.com by Tuesday the 17th of June and we’ll send a registration form and more information.
### ASSESSMENT TASKS – TERM 2

<table>
<thead>
<tr>
<th>SUBJECT</th>
<th>WEEK</th>
<th>TASK</th>
<th>WEIGHTING</th>
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<tbody>
<tr>
<td><strong>YEAR 12</strong></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>English Extension 2</td>
<td>9</td>
<td>3</td>
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<tr>
<td>Food Technology</td>
<td>10</td>
<td>3</td>
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<tr>
<td>Music Extension</td>
<td>10</td>
<td>2</td>
<td>50%</td>
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<tr>
<td>Sport Lifestyle &amp; Recreation</td>
<td>8-9</td>
<td>3</td>
<td>10% + 5%</td>
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<table>
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<th>WEEK</th>
<th>TASK</th>
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<tr>
<td><strong>YEAR 11</strong></td>
<td></td>
<td></td>
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<td>Agriculture</td>
<td>9</td>
<td>3</td>
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<tr>
<td>Business Studies</td>
<td>9</td>
<td>2</td>
<td>20%</td>
</tr>
<tr>
<td>English Extension 1</td>
<td>9</td>
<td>2</td>
<td>15%</td>
</tr>
<tr>
<td>Visual Arts</td>
<td>9-10</td>
<td>2</td>
<td>30%</td>
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<table>
<thead>
<tr>
<th>SUBJECT</th>
<th>WEEK</th>
<th>TASK</th>
<th>WEIGHTING</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>YEAR 10</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Film &amp; Video</td>
<td>10</td>
<td>Mockumentary/Theory – Mockumentary</td>
<td>20% / 10%</td>
</tr>
<tr>
<td>Metal</td>
<td>Ongoing</td>
<td>Prac Task – Automotive Stool/Half Yearly Exam</td>
<td>15% / 10%</td>
</tr>
<tr>
<td>PASS</td>
<td>5-9</td>
<td>Practical Assessment/Lifestyle, leisure and recreation</td>
<td>20%</td>
</tr>
<tr>
<td>Visual Arts</td>
<td>10 / 9</td>
<td>Art making Task 2/Art History - Criticism</td>
<td>15% / 15%</td>
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</tbody>
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**Earth & Sky Yoga**

**Yoga for Teenagers**

- Relax - Build your strength & flexibility
- Improve your posture
- Regulate your mood - sleep better - feel happy & connected

Everybody Welcome!

**Wednesday 4 to 5.30 PM**

**Term 3 starting on Wed 23rd of July 2014**

$15 per class or $90 for the term

For more info call Olivia 0408322393
<table>
<thead>
<tr>
<th>JUNE</th>
<th>NOVEMBER</th>
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</thead>
<tbody>
<tr>
<td>24-26 Quirindi Visit</td>
<td>3-7 Years 7/8 Exams</td>
</tr>
<tr>
<td>27 End Term 2</td>
<td>7 HSC Concludes</td>
</tr>
<tr>
<td>30 Jane Rutter/Youth Orchestra Concert</td>
<td>7 NCCHS Surf Lifesaving</td>
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<thead>
<tr>
<th>JULY</th>
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<tbody>
<tr>
<td>7-11 NAIDOC Week</td>
<td>10-14 Years 9/10 Exams</td>
</tr>
<tr>
<td>14 School Development Day</td>
<td>17-21 Year 10 Futures Program</td>
</tr>
<tr>
<td>14-18 Trial HSC (Part 1)</td>
<td>24-28 Year 10 Work Experience (commences)</td>
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<tr>
<td>14-18 Junior State Music Camp</td>
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<tr>
<td>15 Term 3 Commences</td>
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<tr>
<td>18 NSW All Schools Cross Country</td>
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<tr>
<td>21 P&amp;C Meeting 6.30pm</td>
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<tr>
<td>21 Year 8 into 9 Student/Parent Subject Selection Information Evening 5.30pm</td>
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</tr>
<tr>
<td>28 Years 7/8/9 Parent/Teacher Evening</td>
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<td>28 – 1 Aug Education Week</td>
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<thead>
<tr>
<th>AUGUST</th>
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<tbody>
<tr>
<td>1 NCCHS Regional Athletics</td>
<td>1-10 Year 10 Work Experience (continued)</td>
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<tr>
<td>5-7 NSWCHS Lawn Bowls State Carnival</td>
<td>2 Silver Excursion</td>
</tr>
<tr>
<td>11 P&amp;C Meeting/Cybersmart Presentation</td>
<td>2-3 Gold Excursion</td>
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<tr>
<td>11 Cybersmart Presentation for Years 7/8/9</td>
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<tr>
<td>18-22 Trial HSC (Part 2)</td>
<td>5 Year 6 into 7 Orientation Day</td>
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<tr>
<td>18-22 Year 11 HSIE/Science Excursion</td>
<td>8 Year 6 into 7 Parent Evening</td>
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<td>19-21 Ag Quip</td>
<td>8 P&amp;C Meeting</td>
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<thead>
<tr>
<th>SEPTEMBER</th>
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<tbody>
<tr>
<td>4 Year 12 Farewell Social</td>
<td>11 Year 10 Clearance Day</td>
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<tr>
<td>8 P&amp;C Meeting</td>
<td>12 Presentation Day</td>
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<tr>
<td>9-12 Year 11 Exams</td>
<td>12 Years 7 to 10 Reports issued</td>
</tr>
<tr>
<td>15-19 Year 11 Info Tech/Business Services / Hospitality Work Placement</td>
<td>17 End Term 4</td>
</tr>
<tr>
<td>18 Year 12 Final Assembly</td>
<td>18-19 School Development Days</td>
</tr>
<tr>
<td>19 End Term 3</td>
<td>18-19 School Development Days</td>
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<tr>
<th>OCTOBER</th>
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<tbody>
<tr>
<td>7 Term 4 Commences</td>
<td></td>
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<tr>
<td>13 P&amp;C Meeting</td>
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<tr>
<td>13 HSC Written Exams Commence</td>
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<tr>
<td>15 Years 7 and 9 Vaccinations</td>
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<tr>
<td>31 MNC Cricket Trials (Boys)</td>
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</table>

**Don't FORGET!**

**High School Community Garden**

**11am Sundays June**

**ecofaith bellingen**
format c: computers

Bello’s local computer workshop
since 2009

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